

The Juicy Experiment

The Juicy Experiment is a One Year Experiment.

Opportunity: Being stuck in the same systematic cycle of working 9-5 to pay bills while neglecting your creative money-making business or neglecting your creative freedom that adds value to your happiness. **Survival vs. Living**

Solution: Working for yourself for a **minimum of 7 hours a week** will bring more progress and completion to your creative freedom. That is a **minimum of one hour of self-work a day**.

Hypothesis: By being consistent with the 7-hour self-work week, you will manifest more time and energy to work for yourself.

Advice: Start when you are aligned to do so. Once you begin, **keep going**. On your journey have an accountability partner, someone who will help you put the work in for success. **Each day log 1-hour minimum of work that you put in towards your business or mental health.** If you are using this one-year experiment to uplevel your businesses then your one-hour minimum of work does not include an hour of self-care, family time, etc. Believe in yourself! Right now in your schedule, you have the power to make one hour of time for yourself. If necessary cut out your tv time! Give a detailed description of your log hours because this is a helpful tool to track your progress.

We will all be much happier when we free ourselves from the societal energetic work standards of the world. -The Dopest Blogger Alive

Positive Affirmations:

I am so happy and grateful that I am working for myself full time and I have more than enough money.

Each family member in my household has their own savings account with large lump sums of money in it.

I am happy. Each day I fill my cup with self-love and self-work that advances my everyday life.

I love working for myself.

Working for myself advances my mental health.

I create with ease and joy.

I am inspired to work for myself.

My business is created in divine timing and it generates money with ease.